

How to make Edible Fabric from Printed Wafer using only Supermarket Ingredients

Recipe 1 - Edible Fabric using Leaf Gelatine

Ingredients (Enough to do 4 to 5 x A4 sheets)

- 1 packet of Dr Oetker Platinum Grade Leaf Gelatine (13g, 8 leaves)
- 5 tablespoons of cold water (75 ml)
- 1 small bottle of glycerine (38 ml)
- Cornflour or edible dusting powder (optional)

Method

1. Cut the gelatine sheets into small pieces into a heatproof bowl and cover with the water.
2. Leave to soak for 5 minutes then turn the leaves over and soak for a further 5 minutes
3. Make sure all the pieces are soft, otherwise soak for a few more minutes.
4. Microwave in 10 or 15 second bursts stirring after each time until completely dissolved.
5. Do this 2 to 4 times depending on the power of your microwave. DO NOT LET IT BOIL.
6. Stir in the whole bottle of glycerine and mix well.
7. Microwave again for 10 or 15 seconds. It should be very runny and quite hot.
8. It is now ready to use but will start to go to jelly as it cools. If that happens you can microwave it again in 10 or 15 second bursts to keep it fluid.
9. Now go to the section How to make the Fabric from your Recipe Mixture.

Recipe 2 - Edible Fabric using Powder Gelatine

Ingredients (Enough to do 3 to 4 x A4 sheets)

- 2 sachets of Dr Oetker 12g gelatine (24g total)
- 5 tablespoons of cold water (75 ml)
- 1 small bottle of glycerine (38 ml)
- Cornflour or edible dusting powder (optional)

Method

1. Put the water into a microwavable container.
2. Gently sprinkle on the gelatine, stirring all the time.
3. Keep stirring until it's well mixed.
4. Microwave in 15 second bursts stirring after each time until it's completely dissolved .
5. You'll need to do this 3 or 4 times depending on the power of your microwave. DO NOT LET IT BOIL.
6. Stir in the glycerine and mix well.
7. Microwave again for 15 seconds. It should be very runny and quite hot.
8. It is now ready to use but will start to go to jelly as it cools.
9. If that happens you can microwave it again in 15 second bursts to keep it fluid.

How to make the Fabric from your Recipe Mixture

First make up your mixture using either of the recipes above. These instructions are the same whichever you use. You can make it advance and store it covered in the fridge for a month or freeze it for three months.

Your wafer has an unprinted border- leave it there for now, you can trim it off after you've made your fabric .

1. Make sure your mixture is just warm and runny, or re-heat it.
2. Put the wafer printed side down on one silicone mat.
3. Paint the mixture over the wafer using light, smooth brush strokes.
4. You can either paint over the entire sheet, or leave some of the border dry to make it easier to handle.
5. Immediately and carefully place the other silicone mat over the top then flip it all over and peel away the first mat, leaving your wafer print side up on the second mat.
6. If you don't have a second mat, carefully turn the wafer over holding the unprinted edge. Try not to let it wrinkle.
7. Now paint the printed side.
8. Leave it to dry for at least 20 minutes.
9. If you are going to dust your fabric you can do that now (see below.)
10. If you are not dusting it then leave it to set for about an hour. If you handle it too much before it sets completely it can stick to itself and is quite delicate.
11. Use a pizza cutter or knife to trim away the unprinted border. Be careful not to cut into your mat, or transfer the fabric to a cutting board first.

Finishing Touches

If you want a dry or matt finish you can dust with cornflour or an edible dusting powder. Cornflour is white so it will make the print a little whiter, and if you use a coloured edible dust that may change the colour of the print depending on how much you use.

You can apply it liberally to get the effect you like, or use just enough so it's no longer tacky.

You can dust just one side or both, and you can dust each side with something different.

www.caketoppers.co.uk

Please see our blog for lots more information and tips:
www.ediblefabric.co.uk/Howto

